Why do you need to chain the elephants?

Chaining is an important part of managing elephants in a traditional hands-on system in SE Asia where there are no enclosures to contain the animals. Chains are the simplest, most reliable and safest tool to confine these large and potentially dangerous animals to a specific area. Because they can be more difficult to control, male elephants often have permanent chains around their ankles to provide a safe and quick means to control them if necessary. Chains are also important for safely restraining an elephant during husbandry (e.g., foot care) and veterinary procedures.

Any form of restraint, if done properly and with appropriate tools, is not harmful to the animal. For example, we put halters on horses and leashes and neck collars on dogs to lead and manage them in a safe, humane manner. A chain of appropriate length is important to allow elephants to interact with one another, but also allows them to find space alone should they chose. Unrelated elephants do not always get along and on occasion may fight, sometimes fatally so. From a management perspective, using long chains to tether an elephant at night rather than fencing allows it to be moved from one part of a forest to another, changing the elephant’s environment and allowing them access to fresh browse. A problem with fences is that they often are unreliable, can break or be destroyed, and allow elephants to escape.

Chains must be used appropriately to avoid injury. Ideally elephants should not be kept on chains for prolonged periods during the day. Camps that keep elephants on short chains during the majority of the day should be questioned and improvements suggested.

Why do some elephants look as though they are dancing?

That is a behavior known as stereotypy, which develops in response to conditions that restrict normal behaviors. They are repetitive movements that serve no obvious function and occur in animals subjected to barren environments, scheduled or restricted feedings,
social deprivation or in response to frustration. For example, it is common for elephants on
short chains to develop a number of stereotypic behaviors, like swaying, rocking and trunk
swinging. Once a stereotypy becomes established, it can be difficult to stop. It becomes a
habit, so an elephant may exhibit these behaviors even after the condition that caused it to
develop has been eliminated.

So, if you see an elephant ‘dancing’ it may not be currently stressed. However, such
repeated actions can be physically harmful to feet and joints, so some form of enrichment
should be given that will allow the elephant to manifest other types of more normal
behavior. If you see an elephant exhibiting stereotypies, ask the camp manager what is
being done to alleviate this behavior.

What is the bullhook / hook and why is it needed?
The training tool called the hook (also called a guide, bullhook, goad, or ankus) is used to
guide an elephant. It consists of a stick with a curved hook at the end. In a free contact
environment when humans are in close and unrestricted contact with elephants, the hook
is used to guide and cue the elephant with the purpose of ensuring the safety of both
humans and elephants.

In a free contact situation, where elephants and humans share the same space, a hook
should be carried at all times for safety. It is the tool developed over thousands of years to
allow a mahout to get an elephant’s attention in an emergency (e.g. sudden loud noises or
when elephants fight) or harmful situation (e.g., potential ingestion of chemical poisons,
snakes, plastic litter, fallen electric wires, etc.). If, for any reason, an elephant panics, this
tool can be used to more safely control it. Although many elephants can be guided
effectively by the use of other cues, it is simply too dangerous to not have a hook present
and at hand in case of emergency.

Not carrying a hook is dangerous for both elephant and any people around it. Likewise,
using an inappropriate tool, like a machete (knife) or spear, to bring an elephant under
control can be dangerous and cause harm to the elephant. Some mahouts carry nails in
their pockets, which is completely inadequate for controlling an elephant, but allows them
to give the impression they are using voice alone, which is deceptive. The advantage of the
hook is that it extends the reach of the arm to allow a safer way for the mahout to signal a
command to his elephant. The hooked end also permits easy positioning of a body part
(e.g., leg, trunk, foot) for health checks or medical procedures.

As with all tools, however, the hook can be misused or used purely for punishment, which
is not its intended use. The way to ensure the proper use of the hook is to educate and train
mahouts properly so that they are capable and confident in their ability to safely handle an
elephant. Any instances of mahouts improperly using the hook should be reported to camp
managers, including asking how such behavior is dealt with.
**4 How are elephants trained? What is the Phajaan, and what is crush training?**

Every captive elephant must have some training to allow it to understand common verbal commands and to accept veterinary treatment. To not train an elephant under human care would be irresponsible. In the days of wild capture, the elephant was often tamed using very harsh techniques, as this wild creature had no previous experience with humans. Old videos labelled as "Phajaan training" can be found on the internet and show cruel training methods using a crush to confine the animal and 'break its spirit'. But such methods are thankfully much less common today.

In Northern Thailand, “Phajaan” is in fact not a training method at all, but a spiritual ceremony associated with the training; similar ceremonies known by other names are performed throughout SE Asia. It is carried out before training to ask the spirits to protect the people and the elephant. This ceremony is an important cultural tradition and is performed before most elephants are trained no matter what training technique is used. Today, captive born elephants grow up with and around humans and often begin their training soon after birth. Attitudes are changing and more owners are recognizing the benefits of using more humane and ethical training methods.

Tourists should ask camps how they train their baby elephants and pick camps that understand positive reinforcement and use it from an early age.

**5 Are elephants endangered?**

The IUCN Red List, the international standard for categorizing species, has listed African elephants (*Loxodonta africana*) as vulnerable (likely to become endangered) and Asian elephants (*Elephas maximus*) as endangered (likely to become extinct). There are approximately 450,000 elephants free-ranging in 37 countries in Africa, but less than 50,000 remaining Asian elephants in 13 range countries, of which approximately 60% are in India. If we can protect existing forests, and in some places, reconnect it, some wild elephant populations are still large enough to sustain themselves.

**6 Should all elephants be free? Can captive elephants be reintroduced into the wild?**

In an ideal world, all elephants would be free in nature. However, due to human population increases and habitat destruction, the reality is there is not enough appropriate habitat to support current wild populations of Asian elephants, let alone reintroduce the existing population (upwards of 15,000 in Asia) of captive elephants.

Furthermore, it is a complex process to reintroduce captive elephants back into the wild. In addition to lack of habitat, released captive born elephants can increase human elephant
conflict as they are used to interacting with and are not afraid of humans. Additionally, captive elephants may carry diseases that, if contact is allowed, can potentially spread to wild populations.

Captive elephants can serve as a means of maintaining important populations as “insurance” against environmental or human-caused changes. Up close and personal contact with captive elephants, especially when accompanied by educational materials, also can help inspire the public to care for elephants and their habitats.

Is performing and doing tricks bad for elephants?

Elephants performances, if done properly using positive training techniques, are not bad for elephants. Ethical, well managed and properly scripted animal presentations can have benefits to the animal’s health, as they provide a form of exercise and mental stimulation. Some activities can be used to demonstrate strength (e.g., moving logs, lifting up their mahouts) and agility (e.g., painting, kicking balls), whereas others provide a platform for education that can disseminate important conservation messages. Many elephants readily participate in these activities because they are rewarded with favored foods and attention.

However, some activities should not be allowed (i.e., walking on hind legs, sitting upright, or riding a bicycle). They are not only unnatural behaviors, but can negatively affect the elephant’s well-being and physical health.

A good camp should determine what activities are best suited for each individual elephant. If the elephant looks healthy, is guided using positive methods, and proper, scientifically accurate, education messages are provided, a show can be an acceptable and beneficial component of a captive elephant facility.

How much do elephants need to walk/exercise every day?

The amount of walking a wild elephant does each day depends on the quality of their habitat. Asian elephants can walk 3-20 km a day in search of food and water. A herd of elephants may walk seasonally in an extended loop, looking for fresh resources within a home range that can be anywhere from 30 – 300 km. The better the habitat quality, the less elephants will walk.

Elephants in captivity usually are provided with adequate food and water, and may not walk much if they do not have to. Thus, it is important they be provided ways to exercise, such as having a large yard, being walked several km daily on soft ground, or participating in trekking or other activities. Daily exercise is important for skeletal, digestive, foot and joint health, and to avoid obesity. Exercise is also an important form of enrichment for
captive elephants, alleviating boredom, reducing aggression, and thus improving the welfare of the animal.

**Do elephants like to interact and be close to people?**
In captivity, most elephants have become accustomed to people and have learned that people bring rewards, such as food treats; even some wild elephants will interact with people in return for kindness or food - though this can be very dangerous. Some elephants seem to enjoy being part of a social group, even if that group includes humans. Other elephants are wary of people. All elephants should be approached with caution and never without the mahout present.

**What are some of the main health issues for elephants?**
Common health problems of elephants are often linked to poor husbandry. Injuries from poorly fitting saddles, pressure sores, arthritis, foot problems (abscesses, nail cracks, pad problems) and wounds from the overuse or incorrect use of the hook are clear indicators of poor management. Other problems can arise from poor nutrition, with elephants being either overweight (from eating too many treats like sugar cane and bananas) or underweight (not enough food, or food of poor quality). In camps with little shade or dusty conditions, eye problems can become serious. Other problems are caused by untreated and heavy parasite infections. There are also a number of infectious diseases, such as foot and mouth disease, pox virus, tuberculosis, and the elephant endotheliotropic herpes virus (EEHV), and noninfectious diseases, like chronic foot lesions and arthritis, that if left untreated can be fatal.

**What does and what does not constitute a sanctuary?**
The formal definition of “sanctuary” is “a tract of land where wildlife can breed and take refuge” and the current idea behind an elephant “sanctuary” is a facility allowing elephants to roam free in a protected space with minimal control by humans. This approach only works if sufficient space with appropriate habitat, adequate shelter and sufficient forage are provided (elephants consume ~250 kg food/day), and if the elephants are socially compatible. Too often, uncontrolled elephants in a limited space will kill or injure other elephants, as well as people (e.g. tourists, mahouts). Elephants managed in a sanctuary are not truly wild, as they need to be controlled by humans to some extent. Facilities that prohibit the use of management tools such as the hook, but allow free contact with the elephants put mahouts and visitors at risk as they have limited ability to control an elephant when needed. As a result, sanctuary elephants are often overweight because high calorie treats (bananas and other fruits such as sugar cane) are used to control them. Because of a lack of adequate training, elephant health problems can occur due to an
inability to administer veterinary treatments or adequate foot care. Thus, it can be difficult to adequately provide for elephants in a small space where human interaction is limited.

The term “sanctuary” is often misapplied to, or by, some captive elephant facilities in an effort to differentiate them from other facilities with alternative management styles. At present, no tourism-funded elephant facility in SE Asia meets all the requirements that define a true sanctuary. A full understanding of the limitations of elephant care and welfare, as well as different elephants’ individual needs in any facility is needed before any such designation can or should be applied.

What can I do to support good elephant welfare in SE Asia?

Ideally, choose a camp that has been certified by the local government (e.g. Ministry of Tourism & Sports in Thailand), or has the right policies and procedures in place, and has sufficient natural habitat to care for its elephants. Don’t be afraid to ask questions of the camp staff if you are unsure. A good camp will be happy to answer your questions. Book your elephant experience directly with the camp or through an agent that you trust or one that has personally audited and can vouch for that camp (if this is the case they will have documentation from their visit). If you book a package tour that includes elephants, find out if it is a good camp, otherwise you may be unwittingly taken to a camp with bad elephant welfare.

Boycotting elephant tourism is not the answer. This approach can undermine camps that are behaving responsibly and provide good welfare to their mahouts and elephants.

How do you know an elephant is happy?

It is difficult to determine if animals are truly ‘happy’ or ‘sad’, as their emotional states are not exactly like those of humans. Even for humans, the concept of happiness is very subjective and not easy to define. Still, there are certain behaviors that display a state of emotion that can be related to happiness. For example, the display of exploratory or playful behaviors is a good sign that an elephant has good welfare. Happy elephants are probably best observed when kept in compatible social groups. Look for elephants that touch and comfort each other, check out what each other is eating, play during bath time, care for their calves, and vocalize a variety of greetings; these are examples of contented elephants.

A good camp will give elephants ample opportunity to exhibit these behaviors.

How much weight can an elephant carry on its back?

Studies have not been done on elephants; however, in horses, dogs and donkeys, the weight carrying capacity is about 20-25% of their body weight, which equates to over 600 kg for
an average sized elephant weighing about 3,000 kg. Furthermore, the front and rear long bones of elephants are particularly strong because they do not have a bone marrow cavity, but instead have a dense bone structure. This means they can bear more weight than many other mammals. Elephant saddles should be properly cushioned and not apply pressure to the spine. If the working hours are limited and the terrain is suitable, two people in a saddle (less than 10% of the elephant’s body weight) will not be an undue stressor for an elephant. The weight of one or two people without a saddle (less than 4% of body weight) would hardly be noticed.

**Why do we have elephants in captivity/where do captive elephants come from?**

Asian elephants have had a relationship with humans for some 4,000 years. Historically, elephants were used as beasts of burden, for logging, as war mounts, ceremonial animals or simply kept as a status symbol. These elephants were mostly captured as wild animals by professional elephant catchers who then trained and either kept them or traded them to others (individuals or companies) for a specific use.

It is now illegal to capture Asian elephants from the wild outside exceptional conditions and with Government sanction. As a result, elephants are now being bred in captivity to maintain captive populations. However, illegal capturing and trading of wild elephants is still ongoing, which is why laws and regulations regarding registration, trade and sale of captive elephants are so important to ensure these practices do not continue.

Please check that camps have policies in place to ensure they are not encouraging wild capture, and that all elephants are legally registered.